

ESH Community Residential Rehabilitation Project

This briefing document is for stakeholders outlining a new initiative in Warwickshire to support people with drug and alcohol issues.

Stakeholder Briefing – Issue 2, July 2017

1. The Project

Due to local and general elections it's been a few months since we sent out our last briefing introducing the ESH Community project.

The ESH Community project is a residential rehabilitation facility in Warwickshire supporting people who are recovering from drugs and alcohol addiction issues. The project has been partially funded by ESH Works along with significant funding and support through grants from Public Health England and Public Health Warwickshire.

Our primary goal is to help people who have drug and alcohol addiction by providing the peer support to show them how others have achieved long term sustained recovery. The project will provide an essential component of the local recovery capital available in Warwickshire and provide a solid base to build our recovery community by establishing a local, low cost, peer supported, residential rehabilitation facility.

The whole project is wholly supported and managed by people who have their own personal experience of addiction and more importantly who have extensive knowledge of how to maintain long term sustained recovery from addiction.

The ESH Community Project will also work closely with families of residents educating and preparing families to understand addiction and help them support the resident's sustained recovery. This work will be undertaken separately, but also in parallel with the resident's stay in rehabilitation.

2. Who will benefit from the project?

Our project supports people with addiction issues geographically based in Warwickshire and there are multiple benefits to people with addiction, their families and other agencies including:

- **People with the addiction** supported to re-integrate back into their local community.
- **Families of people with addiction** - a key element of the initiative is to build on our existing peer led family support programme.
- **Health benefits for individuals and their families** - For every one person in addiction there is a significant impact on at least 8-10 other people connected in their lives. The support we will provide for the addicts will have a direct

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impact on that individual's health and also indirectly the emotional wellbeing and health of their families.

- **Health services & wider health economy** by contributing to reducing demand on A & E departments and GPs.
- **Criminal Justice System** – contribute to crime reduction and offending relating to public disorder and acquisitive crime caused by this client group.

3. Update

The project is nearing completion and this is an update on more recent progress. We purchased a property in South Warwickshire which has now been refurbished and extended to meet national CQC (Care Quality Commission) standards and requirements.



Residents of the 11 bed fully residential facility who have completed a drug or alcohol a detox will be supported in a safe environment by experienced staff who have their own personal experience of addiction and recovery.

The project will help residents to integrate effectively back into their local community by offering varying levels of support and activities including: mindfulness, meditation, yoga sessions, group support, one to one counselling and therapeutic recreational activities.

There will obviously be no drugs or alcohol allowed on the premises as all the residents will already have completed a drug and alcohol treatment programme and will not therefore require any medical or clinical support.

4. Stakeholder Support

The concept to establish a residential rehabilitation facility in Warwickshire has been co-produced through active participation and involvement with service users, their families and other key stakeholders.



We are also really pleased to announce that we were awarded a grant from the Police and Crime Commissioner for Warwickshire to purchase a new log cabin outbuilding to replace a dilapidated caravan on the site. The new lodge will be used for counselling - see the before and after pictures below.



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5. Employment

The local economy of South Warwickshire will also benefit in terms of employment opportunities, particularly for our residents who find it difficult to get employment due to their previous substance misuse history. We are working in partnership with CWCDA (Coventry and Warwickshire Cooperative Development Agency) to provide employment support to residents, with a unique focus to encourage and support residents to take their own initiatives with a view to self employment or to start their own small businesses as part of the Accelerate Programme.



6. Community support

We've approached several local and UK companies who specialise in the goods we needed to furnish and complete the property, for example, beds, flooring, soft furnishings. We are really pleased to say that we already have organisations who have demonstrated their support to the project.

Tesco have led the way by providing us with all the bedding and towels, so a really big thanks to them.



Carpetright supported the project assisting with the supply and fitting of hardwearing laminate flooring in the property.

Western Power Distribution have provided invaluable support getting the correct upgraded electricity supply to the property.



The commercial cooking appliances (range) with sufficient capacity to cook for residents and staff have been provided by a major manufacturer.

We have also been supported by one of the major vehicle manufacturers who have made a significant contribution to the financing of a small minibus to transport residents to and from external meetings.

We're still looking for other companies who would want to offer their support to the project.

7. Current Status

The refurbishment and building work is nearing completion and we're starting to furnish the property on schedule for opening late summer 2017.

Stakeholder briefings are available on our web site:

<http://www.eshworks.org/information-news.html>

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